Who wants to live forever?

No one likes the idea of growing old – getting ill, turning grey, going bald – but is there anything we can do to keep ourselves young? Well, there are plenty of ways of appearing younger. You could dye your grey hair black, go to the gym to try to stay fit, or avoid high-risk activities like smoking (which will make you smell better and feel better as well as look younger).

It may sound incredible, but some scientists claim that it will soon become possible to remain young much, much longer. It's no longer considered ridiculous to believe that scientific progress will make it possible for today's teenagers to live to 150. And it seems that there's plenty of money around to pay for research into genetic engineering. Just think of all the millionaires who are driven crazy by the idea that they can buy everything except a longer life! Of course, no amount of genetic engineering can help you if you fall victim to an accident, so perhaps the idea of living forever will prove no more than a dream. But some scientists predict that the first person to live to 1,000 years old is already alive today. You may find that hard to believe, but if it comes true ... perhaps it could be you!